

**132<sup>nd</sup> RMB BUFFALO REGATTA  
2019**



---

**BUFFALO REGATTA AND SELBORNE  
SPRINTS**

**SAFETY RULES AND GUIDELINES FOR COACHES, PARTICIPANTS AND  
SPECTATORS**

*January 2019*

---

---

# **SAFETY AND SECURITY RULES AND GUIDELINES**

## **CONTENTS**

---

<b>Chapter</b>	<b>Description</b>	<b>Page</b>
<b>1</b>	<b>ELBA STATEMENT</b>	<b>2</b>
<b>2</b>	<b>BUFFALO REGATTA AND SELBORNE SPRINTS SAFETY RULES AND GUIDELINES</b>	<b>3</b>
	2.1 MEDICAL EMERGENCY	3
	2.2 OTHER EMERGENCIES	3
	2.3 SITE EVACUATION	3
	2.4 ADVERSE WEATHER	4
	2.5 WATER SAFETY	5
	2.6 LIFE GUARDS	5
	2.7 CREW SAFETY	5
<b>3</b>	<b>SECURITY</b>	<b>5</b>

---

## 1 ELBA STATEMENT

The 132<sup>nd</sup> Buffalo Regatta and Selborne Sprints are governed by the Constitution of Rowing South Africa and its by-laws which includes the South African Rowing Officials Commission (SAROC) "Rules of Racing" seventh edition of 2007. By entering these Regattas you confirm that your Club and its representatives are responsible for safety as set out in South African Rowing Officials Commission (SAROC) "Rules of Racing" 2018, clause 2.1, "Responsibility of Clubs".

Competitors, coxswains & coaches are specifically reminded that any persons using the river do so entirely at their own risk & are solely responsible for:

- Their own safety, remembering that they have a duty of care to themselves & any third party both on the water & on land.
- Ensuring that any equipment (e.g. boats, blades, buoyancy aids etc.) are safe & prepared to the standards as required under the 'Rules of Racing'. Any failure in this standard shall result in exclusion from the event.
- The strict observance of the requirements for course crossing and finish.
- Deciding whether or not they are competent to use the river in the prevailing weather conditions and communicating any decision made with the event officials.
- Ensuring that entries comprise only of competent swimmers who have successfully completed the sculling test in terms of Rule 2.1 of the SAROC 'Rules of Racing'.

By entering these Regattas you confirm that the safety rules and guidelines as set out in this document was explained to you and that you as representative of your club/schools take responsibility in ensuring these rules and guidelines are communicated to your officials, rowers and spectators associated with your club/school for the period of the Buffalo Regatta and Selborne Sprints.

Please assist us with good housekeeping and keep the Regatta site free of hazards and objects especially at boat launch areas. Please use dustbins provided.

Report all injuries promptly, no matter how minor, to the Safety Officer and Medics on site.

All persons who enter this Regatta site are required to act responsibly and to do everything reasonably expected to prevent injuries to themselves and to other persons, and to prevent loss to equipment.

Enjoy the 132<sup>nd</sup> Buffalo Regatta

**Ron Beard**  
Event Organiser

---

## 2 BUFFALO REGATTA AND SELBORNE SPRINTS SAFETY RULES AND GUIDELINES

These rules and Guidelines must be read in conjunction with the Even Safety Plan which was emailed to your School/Club Representative and is also available on the Event Web page; ([www.elba.org.za](http://www.elba.org.za))

### 2.1 MEDICAL EMERGENCY

In the event of a medical emergency, ELBA has provided permanent on-site emergency resources through Alderson Ambulance Services who will provide immediate medical and trauma care for the duration of the event. The resources consist of one stationed ambulance and crew with three standby ambulances off-site.

Where a patient requires additional hospital care, Alderson Ambulance Services will provide the required transport to the most appropriate medical facility.

In case of medical emergency:

- Indicate emergency to medical team on-site or,
- Phone Alderson Control Room at 0860 22 33 66 or,
- Health And Safety Officer at Regatta Control or phone 083 375 9655

### 2.2 OTHER EMERGENCIES

In the event of any other emergency, please contact the Health and Safety officer (Mr Casper Kruger). He will execute response in terms of Event Emergency Plan. Such emergencies include but are not limited to:

- Armed or Dangerous Intruders
- Car Accident
- Civil Disturbance
- Electrical Failure
- Fire
- Gas Leak
- Hazardous Materials
- Lost Child
- Person Entrapment
- Structural Damage
- Bomb Threats

**Do not** use fire equipment if you do not know how to use it

**Do not** interfere in a civil disturbance

**Do not** provide first aid if you do not have qualification to do so

### 2.3 SITE EVACUATION

Where an event emergency requires site evacuation, the horn will be blasted continuously and an Official will announce evacuation over the loud speakers.

---

When any of the above instructions are given, you are to ensure that your club/school including spectators proceed in an orderly manner towards the emergency assembly points.

## **DO NOT RUN**

The Emergency assembly points are indicated on the attached layout drawing.

## **2.4 ADVERSE WEATHER**

Weather conditions will be continually monitored by the regatta safety officer. In the event of adverse weather conditions or possible lightning strikes officials will be instructed to clear the river as quickly and as safely as possible. Racing will be stopped and all crews whether racing or marshalling will be dispersed under official's directions. All crews **MUST** obey their instructions without hesitation.

### **2.4.1 Lightning**

In the event of lightning, the procedures, rules and guidelines applicable to this Regatta is based on "Guidelines for Dealing with Lightning" (Jandrell & Blumenthal, 2016) compiled from the World Rugby guidelines and in contemplation of the Safety at Sports and Recreational Events Act (Act 2 of 2010) . These guidelines were adapted to suite rowing conditions at our event.

The specific measures for a possible lightning event is further detailed in the event Safety Plan which is available for viewing at Regatta control and which was forwarded to each club via email. It is your responsibility to ensure that everybody associated with your club/school including spectators has read and understood the guidelines for a lightning event as detailed in the event Safety Plan.

The following are very important rules;

1. **When you hear thunder you find shelter immediately!** This applies to all areas of the Regatta whether on land or on the water.
2. Three blasts from the sound horn indicate a high Risk lightning event. **When you hear the horn going of three times, you find shelter immediately.** This applies to all areas of the Regatta whether on land or on the water.
3. If the Regatta announcer indicates stoppage due to a lightning risk or **if the Marshals and Aligners indicate stoppage due to a lightning risk, you find shelter immediately.** This applies to all areas of the Regatta whether on land or on the water.
4. **Only seek shelter in a fully enclosed substantial building.** This means a brick building, fully enclosed, with preferably a cement floor, such as a club house, change room, or boat bay.
5. **Do Not** seek shelter under trees, small outdoor buildings, open areas, on or close to water bodies.

Once the lightning threat has passed, the event organizers will inform everybody via the loudspeakers. Only then are you allowed to return outside and resume the regatta activities.

---

Where a race was stopped as a result of a lightning threat, the POJ will make ruling.

#### 2.4.2 Other Water Conditions

The proximity and position of the Buffalo River to the ocean and prevailing winds can create unsafe rowing conditions.

Rowing conditions will be continually assessed by the President of the Jury (POJ) in consultation with the Regatta Marshals and the Event Safety Officer.

Where the conditions are found to be unsafe, the POJ will instruct stoppage and the way forward. Where the Regatta is stopped due to unsafe water conditions, the Marshals and Aligners will instruct the rowers to return to the jetty.

If any rower feels unsafe, he must indicate to the marshal, aligners or safety crews by raising his/ her hand. The safety crews and marshals will escort those crews back to the jetty.

### 2.5 WATER SAFETY

#### 2.5.1 Navigation rules during Racing

It is the responsibility of the coaches and rowers to adhere to the regatta navigations rules during racing and training. These rules are indicated on the event notice and a copy is available at Regatta control.

Crews may only cross the course when it is safe to do so. It is strictly forbidden for any crew to move up-river against the West Bank between the 1500 and 2000 metre marks.

Crews reaching the finish line and intending to return to the jetties must proceed through the Steve Biko Bridge between the pylons before turning towards the West Bank. IT IS STRICTLY FORBIDDEN FOR ANY TO TURN IN FRONT OF THE BRIDGE

### 2.6 LIFE GUARDS

There will be two certified lifeguards on two separate boats on river at all times during the running of regatta. These two boats are in radio contact with Regatta Control at all times.

### 2.7 CREW SAFETY

All entries must comprise competent swimmers who has successfully completed the Sculling test in term of Rule 2.1 of the South African Rowing Officials Commission SAROC) "Rules of Racing" seventh edition of 2007.

### **NO Bow Ball, No racing**

## 3 SECURITY

A private security company (RED ALERT ) will provide a minimum of 3 guards in day and 3 guards at night to patrol the ELBA clubhouse , Henderson rd and Dr Zahn road from 10<sup>TH</sup> FEBRUARY 2019 until the morning of 17<sup>TH</sup> FEBRUARY 2019 when all equipment will be collected.

---

The road intersection of Dr Zahn and Pontoon and will be manned by BCM traffic officials as well as ELBA marshal.

SAPS and BCM public safety officials have been informed of the event and will have a considerable visual presence on the day via both vehicle and foot patrols.

### **CONTACT DETAILS**

The contact details of the event organisers and other personnel are as follows:

<b>NAME</b>	<b>RESPONSIBILITY</b>	<b>CELL</b>
RON BEARD	REGATTA CONVENOR	0832738823
RED ALERT	SECURITY	060 5446386
CASPER KRUGER	SAFETY OFFICER	083 3759655
<b>JASON LEICESTER</b>	<b>MEDICAL EMERGENCY ALDERSON</b>	<b>0829472263</b>
CAROL MUIRHEAD	PRESIDENT OF THE JURY	076 177 0717
GAYNOR du TOIT	PRESIDENT OF THE JURY	082 570 4932
GARTH HASSAN	TRAFFIC DEPARTMENT	076 118 9458
BRIGADEER MQOTYAMA	SAPS	082 5292465