



Safety Announcements

IN THE MORNINGS BEFORE START – EVERY HOUR BEFORE START (at least 2 times)

1. All team Representatives who has not done so, **must** report to the Regatta Safety Officer for safety briefing before start. You will not be allowed to participate if you did not sign the attendance register at the safety briefing. Safety Officer can be found at Regatta Control.
2. All persons who enter these premises are required to act responsibly and to do everything reasonably expected to prevent injuries to themselves and to other persons, and to prevent loss to equipment. Safety File with Rules and Guidelines available at Regatta Control for viewing.
3. Report all injuries promptly, no matter how minor, to the Safety Officer on site. Make sure you know where the paramedic's station is. (indicate)
4. In the event of emergency that requires site evacuation, the horn will be blasted continuously and an Official will announce evacuation over the loud speakers. Proceed in an orderly manner towards the emergency assembly point at the turn-off to the ELBA premises (Tar Road). **DO NOT RUN**
5. **When you hear thunder you find shelter immediately!** Three blasts from the sound horn indicate a high risk lightning event. When you hear the horn going of three times, you find shelter immediately.
6. Only seek shelter in a fully enclosed substantial building. This means a brick building, fully enclosed, with preferably a cement floor, such as a club house, change room, or boat bay.
7. **DO NOT** shelter under trees, small outdoor buildings, open areas, on or close to water bodies during a lightning storm.
8. Do not sit on any balustrading.

Thank you and enjoy the regatta

DURING THE DAY – EVERY THREE HOURS

1. For your safety, we urge all competitors to stay hydrated and out of the sun when not competing.
2. Ensure that you apply Sunscreen.
3. Please assist us with good housekeeping by using dustbins provided