



EAST LONDON BOATING ASSOCIATION

Est 1881

REGATTA CONVENOR	GRAEME MOUNTFORD	083 273 8823
PRESIDENT OF THE JURY (POJ)	CAROL MUIRHEAD	076 177 0717
PRESIDENT OF THE JURY (POJ)	GAYNOR du TOIT	082 5704932
HEALTH, SAFETY AND COVID OFFICER	ANICIA VERSTER	071 885 8990
MEDICAL EMERGENCY (RED ALERT)	WAYNE BOY	073 624 3840
TRAFFIC DEPARTMENT	GARTH HASSAN	076 118 9458
SAPS	BRIG. MQOTYAMA	082 5292465
SECURITY SUPPLIER	RED ALERT	060 544 6386
DISASTER MANAGEMENT	OWEN BEKKER	043 743 7118
METRO HELICOPTER		083 250 5978
EAST LONDON POLICE		043 722 5555
Life BEACON BAY HOSPITAL		043 711 5100
Life ST DOMS HOSPITAL		043 707 9000
PORT CONTROL		043 700 2279
RED ALERT	24 HR CONTROL ROOM	043 703 4777

Health and Safety Notice

By entering these premises, you agree to adhere to the East London Boating Association (ELBA) safety rules and guidelines as set out below and declare that you accept your own risk and indemnify ELBA and its organisers, sponsors and officials against any claim of whatsoever nature and however arising, which may result from any activity on these premises.

Safety Rules:

1. All team Representatives who has not done so, must report to the Regatta Safety Officer for safety briefing before start. You will not be allowed to participate if you did not sign the attendance register at the safety briefing. Safety Officer can be found at Regatta Control.
2. All persons entering the ELBA premises is required to sign-in at the entrance and have their temperature checked.
3. All persons by entering the ELBA premises undertake to adhere to all Government Covid Regulations such as wearing a facemask and applying social distancing.
4. All persons who enter these premises are required to act responsibly and to do everything reasonably expected to prevent injuries to themselves and to other persons, and to prevent loss to equipment.
5. Report all injuries promptly, no matter how minor, to the Safety Officer on site.
6. In the event of emergency that requires site evacuation, the horn will be blasted continuously, and an Officer will announce evacuation over the loudspeakers. Proceed in an orderly manner towards the emergency assembly (located at the start of the gravel road at the entrance). **DO NOT RUN.**
7. When you hear thunder – find shelter immediately
8. Three blasts from the sound horn indicate a high-risk lightning event. When you hear the horn going off three times, you need to find shelter immediately and get off the water.
9. Only seek shelter in a fully enclosed substantial building. This means a brick building, with a cement floor, such as a club house, change rooms, or boat bays.
10. **DO NOT** seek shelter under trees, small outdoor buildings, open areas, on or near to water bodies.
11. **DO NOT** sit on any balustrading.
12. Do not use fire equipment if you do not know how to use it.
13. Do not interfere in a civil disturbance.
14. Do not provide first aid if you do not have a qualification to do so. Red Alert is on site with a qualified medical representative located towards the entrance to the changing rooms. They also have an ambulance on stand-by located at the COVID testing station.
15. Qualified lifeguards are on the water if someone is in danger signal for help or notify the regatta control.

